

# The Ultimate

# HOSPITAL BAG LIST

## For Mom

- birth plan
- extra clothes
- adult diapers
- nipple cream
- toiletries
- water bottle
- labor aids
- phone charger
- pillows and towels
- lip balm
- slippers
- socks
- hair tie
- photo props
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## For Baby

- carseat
- going home clothes
- swaddling blanket
- socks and hat
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- \_\_\_\_\_
- \_\_\_\_\_

## For Dad

- change of clothes
- snacks
- sleeping bag
- cash
- entertainment
- swimsuit
- camera